



| | Männer | MJU20 | MJU18 | MJU16 | MJU14 | Frauen | WJU20 | WJU18 | WJU16 | WJU14 |
|-------|---------|---------|---------|---------|--------|---------|---------|---------|---------|--------|
| Riege | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11:00 | 110 m H | | | Weit | Ball | Speer | Speer | Weit | Weit | |
| 11:10 | | 110 m H | | | | | | | | |
| 11:20 | | | 110 m H | | | | | | | |
| 11:30 | | | | | | 100 m H | 100 m H | | | |
| 11:40 | | | | | | | | 100 m H | | Ball |
| 11:45 | Weit | Weit | | | | | | | | |
| 11:55 | | | | 80 m H | | | | | | |
| 12:00 | | | Speer | Speer | | Hoch | Hoch | | | |
| 12:05 | | | | | | | | | 80 m H | |
| 12:20 | Kugel | Kugel | | | 60 m H | | | | | |
| 12:30 | | | | | | | | | | 60 m H |
| 12:40 | 100 m | | | | Weit | | | | | |
| 12:45 | | 100 m | | | | | | | | |
| 12:50 | | | 100 m | | | | | Speer | Speer | |
| 12:55 | | | | 100 m | | | | | | |
| 13:00 | Hoch | Hoch | | | | 100 m | 100 m | | | |
| 13:05 | | | | | | | | 100 m | | |
| 13:10 | | | | | | | | | 100 m | |
| 13:15 | | | | | 75 m | Kugel | Kugel | | | |
| 13:20 | | | | | | | | | | 75 m |
| 13:30 | | | Weit | | | | | | | |
| 13:40 | 800 m | 800 m | | | | | | | | |
| 14:05 | | | | | | | | | | 800 m |
| 14:10 | | | | | | | | Kugel | Kugel | |
| 14:15 | | | | 800 m | | | | | | |
| 14:20 | | | Hoch | Hoch | 800 m | | | | | |
| 14:30 | | | | | | 800 m | 800 m | | | Weit |
| 14:35 | | | | | | | | 800 m | 800 m | |
| 14:40 | Speer | Speer | | | | | | | | |
| 14:45 | | | 800 m | | | | | | | |
| 14:50 | | | | | 4x75 m | | | | | |
| 15:00 | | | Kugel | Kugel | | | | | | |
| 15:10 | | | | | | Weit | Weit | Hoch | Hoch | |
| 15:20 | | | | | | | | | | 4x75 m |
| 15:40 | | | 4x100 m | 4x100 m | | | | | | |
| 15:45 | 4x100 m | 4x100 m | | | | | | | | |
| 16:00 | | | | | | 4x100 m | 4x100 m | 4x100 m | 4x100 m | |